

Pregnancy/Parenting Chat Room Acronyms and Emoticons

2WW	two week wait
AAMOF	as a matter of fact
AF	Aunt Flo — menstruation/period
AFAIK	as far as I know
AFK	away from the keyboard
AKA	also known as
AND	any day now
AP	attachment parenting
B4	before
B4N	bye for now or before now
BAC	by any chance
BB or BBS	internet bulletin board
BBL	be back later
BBT	basal body temperature
BC	because, or birth control, or before children
BCPS	birth control pills
BD	baby dance (sex)
BF	breastfeed, or boyfriend
BFN	big fat negative (pregnancy test)
BFP	big fat positive (pregnancy test)
BIL	brother in law
BITGOD	back in the good old days
BM	breast milk, or bowel movement
BRB	be right back
BTA	but then again
BTDT	been there, done that
BTW	by the way
BYAM	between you and me
BYKT	but you knew that
CD	cycle day
CF	cervical fluid
CIO	cry it out
Circ.	circumcise
CM	cervical mucus
CMIIW	correct me if I am wrong
CS or C/S	cesarean section
CU	see you
CUL	see you later
CWIM	see what I mean
DC	daycare, dear child
DD	darling daughter
DF	darling fiance/fiancee
DH	darling husband
DP	darling partner
DPO	days past ovulation
DS	darling son
DTD	do the deed
DTRT	do the right thing
DW	darling wife
EBF	extended breastfeeding, exclusively breastfeeding
EBM	expressed breast milk
EDD	estimated due date, or expected date of delivery
EOL	end of lecture
ESP	especially
EWCM	egg white cervical mucus
F2F	face to face
FAQ	frequently asked questions
FF	formula feeding
FIL	father-in-law

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FITB	fill in the blank
FOMCL	fell of my chair laughing
FT	full time
FTM	first time mom
FTR	for the record
FTTT	from time to time
FU or 4U	for you
FWIW	for what it's worth
FYI	for your information
G	grin
GAFIA	get away from it all
GFY	good for you
GMTA	great minds think alike
GOAT	said when member has read all the previous responses before commenting
HIPPO	said when a member is commenting without reading previous responses
HPT	home pregnancy test
HTH	hope this helps
HV	health visitor
IAC	in any case
IAE	in any event
IC	incompetent cervix
IDTT	I'll drink to that
IIRC	if I remember correctly
IMAO	in my arrogant opinion
IMCO	in my considered opinion
IMHO	in my humble opinion
IMNSHO	in my not so humble opinion
IMO	in my opinion
IMOBO	in my own biased opinion
INPO	in no particular order
IOW	in other words
IRL	in real life
ITA	I totally agree
IUI	intrauterine insemination
IVF	in vitro fertilization
IWBNI	it would be nice if
IYSWIM	if you see what I mean
JIC	just in case
JJ or J/J	just joking
JK or J/K	just kidding
JMHO	just my humble opinion, or just my honest opinion
JTYWLTK	just thought you would like to know
KWIM	know what I mean
L&D	labour and delivery
LMAO	laughing my a*se off
LO	little one
LOL	laughing out loud
LP	luteal phase
MC or M/C	miscarriage or miscarried
MIL	mother-in-law
ML	maternity leave
MM	mother's milk
MOD	member of the moderating team
MW	midwife
MYOB	mind your own business
N/M	no message
N/T	no text
NMS	not my style
NMSAA	not my style at all

Pregnancy/Parenting Chat Room Acronyms and Emoticons

NP	no problem
NRN	no reply necessary
O	ovulation
O'd	ovulated
OH	other half
OIC	oh I see
OM	other man
OMG	oh my gosh, or oh my god
OP	original poster
OPK	ovulation predictor kit
OT	off topic
OTOH	on the other hand
OTT	over the top
OW	other woman
PG	pregnant, or pregnancy
PILs	parents in law
PMSL	peeing myself laughing
PND	post natal depression
PNI	post natal illness
POAS	pee on a stick (i.e. pregnancy test)
POV	point of view
PP	previous poster
PPD	postpartum depression
PTB	powers that be
RE	reproductive endocrinologist
ROFL / ROTFL	rolling on floor laughing
SAHD	stay-at-home dad
SAHM	stay-at-home mom
SAHP	stay-at-home parent
SD	sperm donor
SIL	sister in law
SITD	still in the dark
SO	significant other
TAFN	that's all for now
TAFT	that's a frightening thought
TBH	to be honest
TCOYF	taking charge of your fertility
TGIF	thank God it's Friday
TIA	thanks in advance
TIC	tongue in cheek
TMI	too much information
TNX or TNS	thanks
TPTB	the powers that be
TTBOMK	to the best of my knowledge
TTC	trying to conceive
TTFN	ta ta for now
TTL4N	that's the lot for now
TTUL	talk to you later
TYVM	thank you very much
US or U/S	ultrasound
VBAC	vaginal birth after cesarean section
WAH	work at home
WFM	works for me
WOH	work out of the home
WRT	with regard to
WTF	what the F***?
WYSIWYG	what you see is what you get

Pregnancy/Parenting Chat Room Acronyms and Emoticons

Emoticons

:)	happy
:(sad
:D	grin
8)	sunglasses cool
:\$	blush or embarrassed
:_(cry
:*	kiss
:	plain
:O	shocked
:P	silly
;)	wink
(yell)	yell, angry
}-]	devil, naughty
O:)	angel, innocent
(vomit)	vomit
(pout)	pout
(yawn)	yawn
(bandit)	bandit
<3	heart
(star)	star
(boy)	boy
(girl)	girl
(llama)	llama
(hippo)	hippo
(unicorn)	unicorn
(goat)	goat
(popcorn)	popcorn
(chair)	chair
(yay)	yay, celebrate, congratulations
(DTD)	sex
(rainbow)	rainbow
(shocked)	shocked baby face
(silence)	silence baby face
(sad)	sad baby face
(angry)	angry baby face
(lol)	laughing baby face
(love)	love baby face with hearts in his eyes
(lovelove)	baby face with hearts around her head
(crying)	crying baby face
(bfn)	Big Fat Negative pregnancy test
(bfp)	Big Fat Positive pregnancy test
(cheers)	wine glass
(diaper)	dirty diaper
(coffee)	coffee mug
(boobaward)	breastfeeding award
(goldenboobs)	breastfeeding gold award
(goldenbottle)	golden bottle award